

LIVESMART Fitness and Recreational Activities Reimbursement

Applicable Group: All Employees of O'Neal Industries' Affiliate Companies

Date of Issue: March 25, 1999 Current Revision: January 4, 2023

The company encourages employees to participate in the LIVESMART Wellness Program and in recreational and fitness activities as a means to better health. To promote this policy, the company will share the cost of the defined employee health and physical fitness activities or approved equipment listed below. To qualify, an employee must be a LIVESMART program participant. The LIVESMART team will review requests for reimbursement and certify reimbursement of eligible expenses once annually. Requests must be submitted by November 10, 2023 for the period of January-December 2023.

To be eligible, employees must work an average of 30 hours per week, have been employed by an O'Neal Industries' affiliate company for at least six months and be a current LIVE**SMART** participant. Requests for reimbursement will be processed through payroll, and will be reflected as "Other Income" on an employee's W-2 for tax reporting purposes.

Beginning with expenses incurred on or after January 1, 2023, employees may request reimbursement for 50% of associated costs up to \$400 (total per family) annually toward recreation and fitness activities or approved equipment. For example, if the gym membership is \$800, the amount of \$400 is eligible for reimbursement.

The following items are covered:

- Fitness center or gym membership
- Weight Watchers® or other weight loss program or service (to be approved by LIVESMART)
- Membership to martial arts, personal training, yoga, or other health related studio
- Registration fees for participation in sporting events to include walking, running/jogging, triathlons, marathons, fun runs, swimming, cycling, skiing, company sponsored athletic teams, or similar activities
- Bicycles and/or helmets
- Cardiovascular exercise equipment (treadmill, elliptical, stationary bicycle, etc)
- Exercise DVDs or subscriptions to access streaming workouts and exercises
- Hand weights, exercise/balance balls, resistance bands

Applications for cost sharing may be obtained from the LIVESMART website www.livesmartoni.com.

Submit Documentation To:

LIVE**SMART** Health and Wellness 2311 Highland Avenue S, Suite 201, Birmingham, AL 35205

Company Sponsored Athletic Teams

The company will sponsor the participation of its employees in certain organized athletic activities such as basketball, softball, bowling, touch football, etc. All athletic activity must be done on the employee's own time, and employees are required to release the company from any liability for injuries sustained during such activity. This release must be in writing. Release forms may be obtained from the Human Resources Department. Employees interested in forming such a team must submit a request in writing to the General Manager or Department Manager. This request must detail the specific type of proposed activity, a list of O'Neal Industries' affiliate employees willing to participate, and an estimate of the total team expenses (including general liability and medical insurance) to be paid by the company. To qualify for approval, at least 75% of the team must be O'Neal Industries' affiliate employees. Participation or non-participation on company sponsored athletic teams will have no bearing on an employee's status with the company.

LIVE**SMART** Fitness and Recreational Activities Reimbursement Application

Complete the following application to have eligible fitness expenses considered for reimbursement.

Return completed application using one of the methods below:

Email to connect@livesmartoni.com

Mail to LIVESMART Health & Wellness 2311 Highland Avenue S, Suite 201, Birmingham, AL 35205

LIVESMART Portal at www.wellsteps.com/livesmartoni

Step 1 - Participant Information Employee's Name:					
Fitness Membership Holder:					
Company:					
Phone:	E-mail a	ddress:			
Step 2 - Certification					
Before submitting pleas COMPLETED and	e confirm by chec INCLUDED for Fitr	_			2
☐ I participate in LIVE SMART					
 I have attached an activity log fro a minimum of 30 minutes of physica I have enclosed my payment rece 	al activity on each o	f 8 days per cale	ndar mo	nth	. , -
Step 3 - Expense Detail					
1. Type of Reimbursement (circl	e): Membership	Equipment	Class	Event/Race	Sports League
Description:		Date	of Purch	ase:	
Membership Type (if applicable):	Single Family	2-Person			
Monthly Fee (if applicable):					
What is the total amount paid? (Jan	nuary 1, 2023- Decei	mber 31, 2023):			_
□ I certify the above exp	ense is for use by m	yself or my hou	sehold fa	mily members	
2. Type of Reimbursement (circl	e) : Membership	Equipment	Class	Event/Race	Sports League
Description:		Date	of Purch	ase:	
Membership Type (if applicable):	Single Family	2-Person			
Monthly Fee (if applicable):					
What is the total amount paid? (Jan	nuary 1, 2023- Decei	mber 31, 2023):			_

□ I certify the above expense is for use by myself or my household family members

3. Type of Reimbursement (circle):	Member	ship	Equipment	Class	Event/Race	Sports League
Description:			Date	of Purch	ase:	
Membership Type (if applicable):	ngle Fa	mily	2-Person			
Monthly Fee (if applicable):						
What is the total amount paid? (January	1, 2023- [Decem	ber 31, 2023): -			_
□ I certify the above expense	is for use	by my	self or my hous	sehold fa	mily members	
4. Type of Reimbursement (circle):	Member	ship	Equipment	Class	Event/Race	Sports League
Description:			Date	of Purch	ase:	
Membership Type (if applicable):	ngle Fa	mily	2-Person			
Monthly Fee (if applicable):						
What is the total amount paid? (January	1, 2023- [Decem	ber 31, 2023): .			_
I certify the above expense	is for use	by my:	self or my hous	sehold fa	mily members	
5. Type of Reimbursement (circle):	Member	ship	Equipment	Class	Event/Race	Sports League
Description:			Date	of Purch	ase:	
Membership Type (if applicable):						
Monthly Fee (if applicable):						
What is the total amount paid? (January			ber 31, 2023): .			_
□ I certify the above expense	is for use	by my:	self or my hous	sehold fa	mily members	
,				•	•	
6. Type of Reimbursement (circle):	Member	ship	Equipment	Class	Event/Race	Sports League
Description:			Date	of Purch	ase:	
Membership Type (if applicable):	ngle Fa	mily	2-Person			
Monthly Fee (if applicable):						
What is the total amount paid? (January	1, 2023- [Decem	ber 31, 2023): -			_
$^{ extstyle }$ I certify the above expense	is for use	by my:	self or my hous	sehold fa	mily members	

Name:	
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Please attach an activity log from your fitness facility <u>or</u> complete the physical activity log below verifying a minimum of 30 minutes of physical activity in or away from your facility for at least 8 dates per calendar month.

Physical Activity Log

Circle dates you engaged in 30+ minutes of physical activity in or away from your facility and total those days:

	January Februar			у			April				May				June								
1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8
9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12
13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16
17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20
21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24
25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28
29	30	31						29	30	31		29	30			29	30	31		29	30		

Total:	Total:	Total:	Total:	Total:	Total:	
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July August			September				October				November				December								
1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8	5	6	7	8
9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12	9	10	11	12
13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16	13	14	15	16
17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20	17	18	19	20
21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24	21	22	23	24
25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28	25	26	27	28
29	30	31		29	30	31		29	30			29	30	31		29	30			29	30	31	

Total:_____ Total:____ Total:____ Total:____ Total:____