



FREQUENTLY ASKED QUESTIONS

What is the Road to Resilience campaign?

The Road to Resilience is a six-week campaign designed for participants to learn skills to grow and thrive in the face of stress and bounce back from adversity. The campaign officially runs from June 21st to August 1st. However, this campaign may be completed at any time during the year for campaign credit.

How does Road to Resilience work?

Complete three or more activities each week and check the box on the tracker when complete. Review and complete the "Rest & Reflect" prompt each week on page 4. There is space to write your response on the page or you can record it in a personal journal. Your answers do not need to be turned into LIVESMART.

How can I complete this campaign in my LIVESMART Portal?

Visit www.livesmartoni.com to access the LIVESMART Portal. Follow the instructions to register if you have not visited the portal before. Once you have accessed your portal account, find the Road to Resilience by clicking the "Campaigns" icon at the top of the page. Each week you can record your activities. At the end of the campaign, review your submission, complete the evaluation questions and hit "submit". Our team will review your submission and award credit for completing the campaign or let you know if it was incomplete.

How can I earn credit towards my annually required campaigns?

Complete three or more activities and the "Rest and Reflect" prompt each week to complete the campaign. Show proof of your completed tracker to your Ambassador and sign the signature page provided certifying that you completed the campaign. We want you to keep your trackers for your review and reference moving forward and, therefore, do not want you to submit it to your Ambassador. You may, also, complete this campaign in your LIVESMART portal or submit a picture of your completed tracker to your Ambassador.

What is the Driven App?

The Driven App is an optional resource you can use to enhance your journey to resilience during this campaign. The app provides a virtual resilience coach that will help you stay motivated and reach your goals through articles, videos, and interactive activities.

Is the Driven App a required part of this campaign?

No, it is optional. You are not required to download the app or engage with it to earn campaign credit.

Do I have to pay for the Driven App?

LIVESMART is providing two months of full-access to the app for FREE using the code **ELEMENT21**. After the two months, you will be prompted to pay if you would like to continue to use the app.

Do I get campaign credit for using the app?

No, the app provides an enhancement to the campaign but you must still complete the campaign tracker for campaign credit.