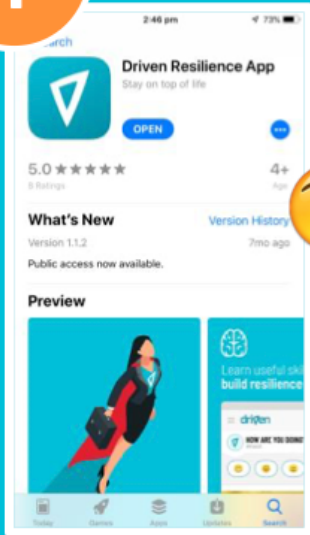


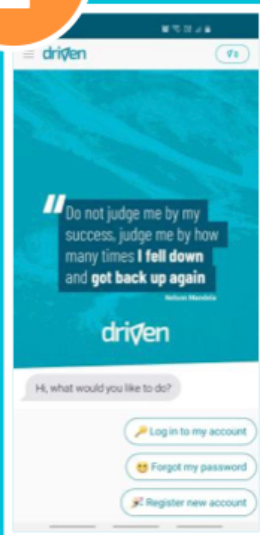
1

Install the **Driven Resilience App**



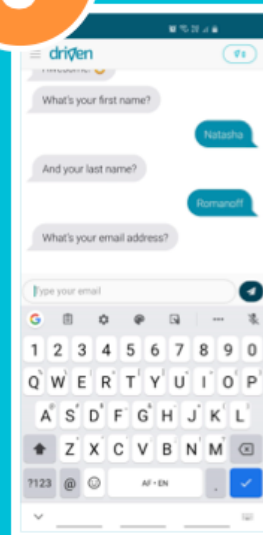
2

Then **Register a new account**



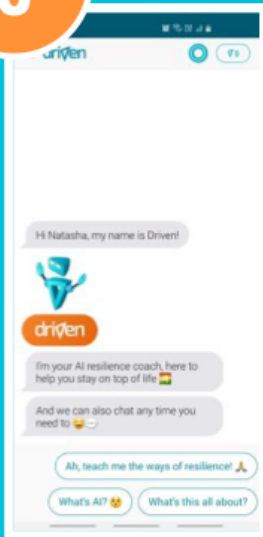
3

Add your name, surname, email...



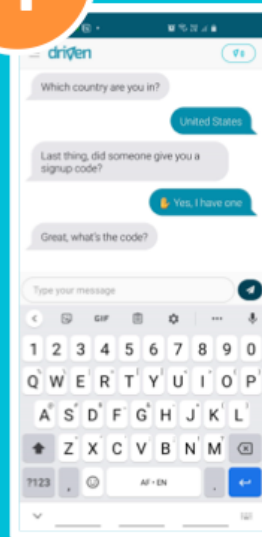
5

Start **chatting** with Driven!



4

When asked for a **code**, say **YES & add ELEMENT21**

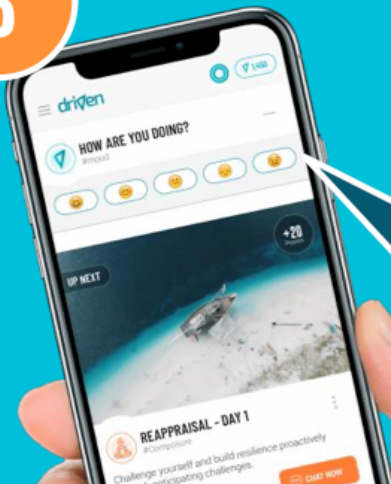


Now it's free!

Use the buttons to chat with Driven

6

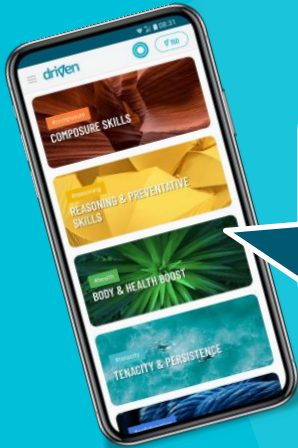
Check out **Driven!**



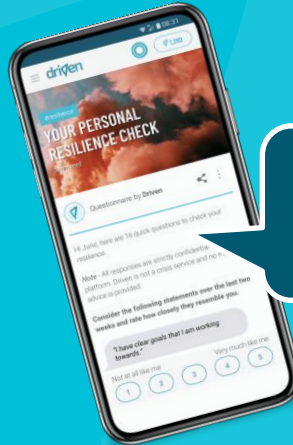
Check in with the **emojis** to chat with Driven any time & track your mood

See what you can do with Driven!

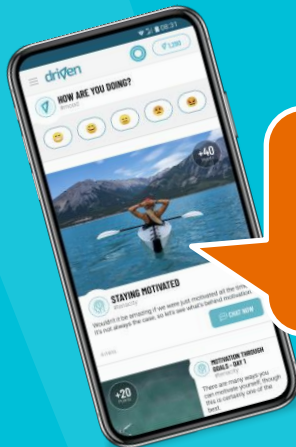
Driven is your **virtual resilience coach**, helping you stay motivated and reach your goals, regardless of life's challenges!



Explore hundreds of resilience skills & techniques!



Learn about your resilience strengths!



Check in every day to keep learning new skills!



Do mindfulness exercises to relax & sleep well



Try the 14 day Rewire program to deal with tough challenges



Need help? Get in touch any time at info@hellodriven.com

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